Putting on and Cleaning your Gel Liner

PUTTING ON YOUR GEL LINER:

- 1. Make sure your liner and limb are clean and dry before putting on the liner.
- 2. Start by turning your liner all the way inside out.
- 3. Place the end of your liner against the end of your limb.
- 4. If there is a pin on the end, it should line up with your limb
- 5. Carefully roll the liner up onto your limb without pulling it.
- 6. Make sure that there are no wrinkles or air bubbles between your liner and skin.

KEEPING YOUR GEL LINER CLEAN:

Daily:

- 1. Start by turning your liner all the way inside out.
- 2. Using a clean sponge or soft cloth apply lukewarm tap water and body soap that does not irritate your skin.
- 3. Do not scrub with a rough surface as this will damage the liner.
- 4. Rinse all the soap off the liner.
- 5. Dry gel liner with a lint-free cloth.
- 6. Turn gel liner right side out and hang over night to dry.

Weekly:

- 1. Start by turning your liner all the way inside out.
- 2. Using a clean soft cloth apply a small amount of rubbing alcohol and rub gently on the liner.
- 3. Rinse all the rubbing alcohol off the liner.
- 4. Turn gel liner right side out and hang over night to dry.